



Health History

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Patient's Name: _____ Birthdate: _____ Date: _____

Chief Complaint: _____

History of Present Illness:

Location: _____ (Where is the pain/problem?) Quality: _____ (Example: normal vs. abnormal color, activity, etc.)
 Severity: _____ (How severe is the pain/problem on a scale of 1-5 with 5 being the most severe) Duration: _____ (How long have you had this pain/problem? Or, when did it start?)
 Timing: _____ (Does this pain/problem occur at a specific time?) Context: _____ (Where were you at the onset of the pain/problem?)
 Associated Symptoms: _____ Modifying Factors: _____
 _____ (What other associated problems have you been having?) _____ (What makes the pain/problem worse or better? Or, have you had previous episodes?)

Past Medical History:

Have you ever had the following: (Circle "no" or "yes", leave blank if uncertain)

| | | | |
|--------------------------------|--|-------------------------------------|----------------------------------|
| Measles..... no yes | Anemia..... no yes | Back Trouble..... no yes | Hepatitis..... no yes |
| Mumps..... no yes | Bladder Infection..... no yes | High Blood Pressure..... no yes | Ulcer..... no yes |
| Chickenpox..... no yes | Epilepsy..... no yes | Low Blood Pressure..... no yes | Kidney Disease..... no yes |
| Whooping cough..... no yes | Migraine Headache... no yes | Hemorrhoids..... no yes | Thyroid Disease..... no yes |
| Scarlet Fever..... no yes | Tuberculosis..... no yes | Date of Last Chest X-Ray _____ | Bleeding Tendency..... no yes |
| Diphtheria..... no yes | Diabetes..... no yes | Asthma..... no yes | Any Other Disease..... no yes |
| Small Pox..... no yes | Cancer..... no yes | Hives or Eczema..... no yes | (Please List) |
| Pneumonia..... no yes | Polio..... no yes | AIDS or HIV 1..... no yes | _____ |
| Rheumatic Fever..... no yes | Glaucoma..... no yes | Infectious Mono..... no yes | _____ |
| Heart Disease..... no yes | Hernia..... no yes | Bronchitis..... no yes | _____ |
| Arthritis..... no yes | Blood or Plasma Transfusion..... no yes | Mitral Valve Prolapse.... no yes | _____ |
| Venereal Disease.... no yes | | Stroke..... no yes | _____ |

Previous Hospitalizations/Surgeries/Serious Illness:

Allergies: _____

Medications: (Include nonprescription)

Patient Social History:

Marital Status:..... Single: _____ Married: _____ Separated: _____ Divorced: _____ Widowed: _____
 Use of Alcohol:..... Never: _____ Rarely: _____ Moderate: _____ Daily: _____
 Use of Tobacco:..... Never: _____ Previously, but quit: _____ Current, # packs/day: _____
 Use of Drugs:..... Never: _____ Type/Frequency: _____

Family Medical History: Age: Disease: If Deceased, Cause of Death:

Father: _____
 Mother: _____
 Sibling: _____
 Spouse: _____
 Children: _____

Review of Symptoms: Please indicate any personal history below:

Constitutional Symptoms

Good general health lately..... no yes
 Recent weight change..... no yes
 Fever..... no yes
 Fatigue..... no yes
 Headaches..... no yes

Eyes

Eye disease or injury..... no yes
 Wear glasses/contact lenses..... no yes
 Blurred or double vision..... no yes

Ears/Nose/Mouth/Throat

Hearing loss or ringing..... no yes
 Earaches or drainage..... no yes
 Chronic sinus problem or rhinitis.. no yes
 Nose bleeds..... no yes
 Mouth sores..... no yes
 Bleeding gums..... no yes
 Bad breath or bad taste..... no yes
 Sore throat or voice change..... no yes
 Swollen glands in neck..... no yes

Cardiovascular

Heart Trouble..... no yes
 Chest pain or angina pectoris..... no yes
 Palpitation..... no yes
 Shortness of breath when
 walking or lying flat..... no yes
 Swelling of feet, ankles or hands. no yes

Respiratory

Chronic or frequent coughs..... no yes
 Spitting up blood..... no yes
 Shortness of breath..... no yes
 Wheezing..... no yes

Gastrointestinal

Loss of appetite..... no yes
 Change in bowel movements..... no yes
 Nausea or vomiting..... no yes
 Frequent diarrhea..... no yes
 Painful bowel movements
 or constipation..... no yes
 Rectal Bleeding or blood in stool.. no yes
 Abdominal pain..... no yes

Genitourinary

Frequent urination..... no yes
 Burning or painful urination..... no yes
 Blood in urine..... no yes
 Change in force of strain
 when urinating..... no yes
 Incontinence or dribbling..... no yes
 Kidney stones..... no yes
 Sexual difficulty..... no yes
 Male - testicle pain..... no yes
 Female - pain with periods..... no yes
 Female - vaginal discharge..... no yes
 Female - # of pregnancies..... no yes
 Female - # of miscarriages..... no yes
 Female - date of last pap smear. no yes

Musculoskeletal

Joint pain..... no yes
 Joint stiffness or swelling..... no yes
 Weakness of muscle or joints.... no yes
 Muscle pain or cramps..... no yes
 Back pain..... no yes
 Cold extremities..... no yes
 Difficulty in walking..... no yes

Integumentary (skin, breast)

Rash or itching..... no yes
 Change in skin color..... no yes
 Change in hair or nails..... no yes
 Varicose veins..... no yes
 Breast pain..... no yes
 Breast lump..... no yes
 Breast discharge..... no yes

Neurological

Frequent or recurring headaches no yes
 Light headed or dizzy..... no yes
 Convulsions or seizures..... no yes
 Numbness or tingling sensations no yes
 Tremors..... no yes
 Paralysis..... no yes
 Head injury..... no yes

Psychiatric

Memory loss or
 confusion..... no yes
 Nervousness..... no yes
 Depression..... no yes
 Insomnia..... no yes

Endocrine

Glandular or hormone
 problem..... no yes
 Excessive thirst or
 urination..... no yes
 Heat or cold intolerance no yes
 Skin becoming dryer.... no yes
 Change in hat or glove
 size..... no yes

Hematologic/Lymphatic

Slow to heal after cut... no yes
 Bleeding or bruising
 tendency..... no yes
 Anemia..... no yes
 Phlebitis..... no yes
 Past transfusion..... no yes
 Enlarged glands..... no yes

Date of Last:

Mammogram _____
 Pap Smear _____
 PSA _____
 Colonoscopy _____

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I do authorize the healthcare staff to perform the necessary services I may need.

 Signature of Patient, Parent or Guardian

 Date